



PLACEMENT FOR PROPER BALANCE

When I approach a new client's home, the first subject we address is proper placement of major pieces of furniture. The Power of Placement is not new. This mystic art has been practiced for thousands of years in China. It is called Feng Shui. It dictates the placement of objects within the home.

What does all this mean? If you believe that everything generates an energy field (called chi) in your space, you can feel the difference when an object such as a sofa is moved in your home.

My main objective while doing a consultation in a new client's home is to make their home flow and connect from one room to another as if they are moving along a meandering path in a forest.

The furniture should be positioned in a room so someone using them will face the room's entrance. This position makes everyone feel much more comfortable and at ease.

Desks are among the most commonly misplaced items in the home. Often a desk is positioned in front of the wall or lodged in a corner to take up less space or to cut down on distractions.

If you are at a desk with your back to the entrance, you will eventually experience a lot of stress from wondering what you can hear and not see. This affects your concentration and you may lose your ability to be completely aligned yourself.

My solution is to place a vertical mirror in a position in front of me so I can visually see the door. We have an intuitive need to position ourselves where we all feel safe. If you feel safe, there is a much greater experience of relaxation and rejuvenation.

Another piece of furniture to be considered carefully is the bed and its location. It is always positive to have the bed situated so you are looking toward the door. However, your feet should not point directly toward the door. It also could have a tendency to make you feel tired.

For couples sharing a bed, there should be equal space on each side of the bed to create an equal and shared relationship. There should be one bed large enough for two people and two nightstands and two lamps. This is proof that you are open to someone sharing your life.

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